



Good Shepherd
Lutheran School
A N G A S T O N

Canteen Policy

(This policy last updated June 2009)

Rational

Good Shepherd Lutheran School aspires to provide best practice in all of its programs. In regard to school canteen and the food we provide to students and the messages about healthy foods, we believe the 'Right Bite' program for schools in South Australia is the current standard.

Aims

The *Right Bite* strategy assists South Australian schools and preschools to select food and drink to promote healthy eating.

The *Right Bite* strategy was developed from the [*Eat Well SA Healthy Eating Guidelines for Schools and Preschools*](#) (also referred to as *Healthy Eating Guidelines*) which was released to all schools and preschools in 2004 to educate young children and students about healthy eating and to ensure that healthy food and drink choices are provided in SA schools and preschools.

Right Bite builds upon *Section 3: Food Supply*, and directly supports all other sections of *Healthy Eating Guidelines*, requiring a whole school or preschool approach for best practice.

Right Bite and *Healthy Eating Guidelines* are based upon the *Dietary Guidelines for Children and Adolescents in Australia* and *The Australian Guide to Healthy Eating* which have guided all states in developing healthy food and drink supply strategies since 2004.

Right Bite uses a coloured spectrum of **GREEN, AMBER** or **RED** to classify food and drinks according to their nutritional value and supports schools and preschools to meet the State Government deadline of removing junk food from school canteens and vending machines.



Overview of Guidelines

The 'Right Bite' website provides a range of resources to assist schools and preschools in successfully implementing *Right Bite* strategy and *Healthy Eating Guidelines* including:

Right Bite Strategy (2007) - Easy Guide, information for canteen staff, school and preschool leaders, healthy food ideas for parents, children and students, FAQ

Right Bite Document (2008)- An explicit manual detailing all elements of the Right Bite strategy

Healthy Eating Guidelines (2004) - Healthy Eating Guidelines document, Pamphlet, Implementation Tool, information sheets related to each section, FAQ

Right Bite Information for Parents (2008) -Pamphlet information designed especially for school parents and communities

Right Bite Training Powerpoint (2008)- Training powerpoint for use in schools

Right Bite Newsletter (2008)- Up to date information about the Right Bite strategy

Right Bite Fact Sheet (2008) - Information for canteen managers about the use of Buyers Guides in South Australia

(For those parents unable to access the internet, contact the school office for a downloaded copy)

Implementation

The P&F of Good Shepherd, under the policies set by School Council and oversight by the Principal manages the school canteen. The P&F will use these guidelines for best practice in providing food for the students of Good Shepherd. The P&F selects and provides food based on these guidelines and is also responsible for setting the menu choices, pricing, canteen days and organizing the volunteer roster.

Evaluation and Review

Each year OHWS requirements relating to school canteen are regularly reviewed as well as providing professional development for volunteers when serving in the canteen. As new practices are developed from various bodies such as the SA Government, Good Shepherd will endeavor to provide a quality service. Feedback from parents/staff and students can be given through the Chairperson of P&F or the Principal.